



PE & SPORT

INFANT PE AND SPORT CURRICULUM 2022-2023

KINDERS

| | Advent | Lent | Trinity |
|---------|------------|-------------------|---------------------|
| MONDAY | DANCE | DANCE/BALL SKILLS | CRICKET |
| TUESDAY | GYMNASTICS | GYMNASTICS | ATHLETIC ACTIVITIES |

RECEPTION

| | Advent | Lent | Trinity |
|----------|------------|-------------|-------------------|
| THURSDAY | GYMNASTICS | GYMNASTICS | TENNIS |
| TUESDAY | DANCE | BALL SKILLS | ATHLETICS/CRICKET |

YEAR 1

| | Advent 1 | Advent 2 | Lent 1 | Lent 2 | Trinity 1 | Trinity 2 |
|---------------|-------------|---------------|---------------|------------------------|-----------|--------------------|
| PE Monday | GYM | GYM | GYM | GYM | ATHLETICS | SWIMMING (5 weeks) |
| SPORT Tuesday | HOCKEY | RUGBY | FITNESS GAMES | Health Related Fitness | CRICKET | CRICKET |
| PE Friday | BALL SKILLS | RACKET SKILLS | DANCE | DANCE | TENNIS | TENNIS |

YEAR 2

| | Advent 1 | Advent 2 | Lent 1 | Lent 2 | Trinity 1 | Trinity 2 |
|---------------|---------------|----------|--------|-------------|-----------|-----------|
| PE Monday | GYM | GYM | DANCE | BALL SKILLS | ATHLETICS | TENNIS |
| SPORT Tuesday | FITNESS GAMES | RUGBY | HOCKEY | NETBALL | CRICKET | CRICKET |
| Thursday | SWIMMING | | | | | |