

Leicester Grammar Junior School Well-being Support

Whole school provision Pupils Kinders – Year 6 Parents/Carers Staff

- Jigsaw PSHE curriculum
- Informal discussions at registration and form times
- Whole school initiatives to raise awareness of positive mental health and well-being
- myHappyMind form time
- Themed assemblies
- Whole school implementation of 3 Houses
- Access to well-being library
- Access to support links via website
- Pastoral Team available to all pupils
- Student voice activities
- Drop in service with the school nurse
- Parental Workshops
- Co-curricular provision
- The Hive lunchtime drop in

Students involved-

All pupils engage in weekly Jigsaw sessions

All students will have access to other age appropriate 'offers' (assemblies, key adult (form teacher) workshops, surveys, parent workshops and webinars)

People involved-

Form Teachers
Trained Mental Health First Aiders: Pastoral leaders
Deputy Head (Pastoral)
PSHE co-ordinators
SENDCo
Well-being Manager
School Nurse
Whole Staff

Tier 1 Provision Low level concerns, changes in behaviour noted.

- Pupil highlighted at staff meeting
- Name added to well-being list and/or pastoral bulletin
- Class teacher may choose to use additional Three Houses
- Daily informal catch ups with the form teacher/TA
- PSHE lessons adapted for a class/year group
- Extra class time/form time/circle time to discuss specific issues
- Class teacher contacts parents (email or informal chat)
- Pupil presence may be requested at a pastoral lunch
- Chat and seek advice from colleagues (year group, key stage co-ordinators, nurse, well-being co-ordinator)
- Year 6 can be directed to Kooth

People Involved:-

SEND Team
Pastoral Teams
Form Tutors and TAs
School Nurses
Parents
Kooth

Tier 2 Provision Concerns persist despite interventions at Tier 1

- Class teacher meets with Deputy Head (Pastoral) to record concerns
- Class teacher meets face to face with parents
- Level of concern discussed during staff meeting
- Family directed to specific titles within the well-being library
- Family directed to online and local services for support
- Class teacher timetabled snack and chat sessions (once a week), could be individual or small group
- Mentor assigned
- 6 week course with Well-being Manager, Deputy Head Pastoral or SENDCo
- Regular check ins with school nurse

People Involved:-

Deputy Head Pastoral
Form Teacher
Parents
Local Services
Well-being Manager
School Nurse

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Tier 3 Provision
Concerns persist despite
interventions at Tier 2



- Regular timetabled meetings with Deputy Head Pastoral/School Nurse/Well-being Co-ordinator
- Deputy Head Pastoral to contact parents and meet with them
- Drawing and Talking (12 weeks)
- Screener for well-being (Boxall Profile)
- 6 week course with Well-being Manager, Deputy Head Pastoral or SENDCo
- Legotherapy
- RELATE referral (in school counselling)
- Early Help Referral (via DSL)
- GP referral, support offered by school nurse if required
- CAMHS referral (via SENCo, School Nurse, DSL)
- Clinical Psychologist referral (via SENCo)
- Bereavement counselling



People Involved:-

Deputy Head Pastoral
Children's Social Services
CAMHS
Clinical Psychologist
Wellbeing Counsellors
RELATE
SENCo and Director of Pupil Development
Well-being Manager
School Nurse