

YEAR 3 – FIELD EVENTS



YEAR 3 BOYS

8.45am Parade on field
12.30pm Long Jump/High Jump
1.05pm Track Spectating (rest)
1.40pm Chest Throw/ Javelin
2.45pm Howler throw

SPEED BOUNCE – Optional complete at any time when not competing

12.00pm Lunch

Year 3 GIRLS

8.45am Parade on field
12.30pm Howler throw
1.15pm Long Jump/High Jump
2:00pm Track Spectating (rest)
2:45pm Chest Throw / Javelin

SPEED BOUNCE – Optional complete at any time when not competing

12.00pm Lunch

YEAR 3 - FIELD EVENTS



YEAR 4 BOYS

8.45am Parade on field
12.30pm Chest Throw / Javelin
1:15pm Howler throw
2.00pm Long Jump / High Jump
2.45pm Track Spectating (rest)

SPEED BOUNCE –Optional complete at any time when not competing

12.00pm Lunch

YEAR 4 GIRLS

8.45am Parade on field
12.30pm Track Spectating (rest)
1.15pm Chest Throw / Javelin
2.00pm Howler throw
2.45pm Long Jump / High Jump

SPEED BOUNCE – Optional complete at any time when not competing

12.00pm Lunch

YEAR 3 & 4 – TRACK EVENTS



Girls' races followed by boys' races in each track event/round

9.15am 200m Banded heats

10.00 am 50m Banded heats

11.00am FINALS – 400m, 200m

11.30am House 4x50m House relays
mixed gender

3:30pm - 4:00pm FINISH

JUNIOR SPORTS DAY RECORDS

Field events - Boys

Event	Record	Name	Year
Long Jump (Yr 3&4)	3.25	Ethan Shaffu	2022
High Jump (Yr 3&4)	90cm	Vikram Sahdev	2022
Speed Bounce 30 sec (Yr 3&4)	39	Zach Haycock-Huss	2022
Chest Throw (Yr 3&4)	9.50m	Aaron Karir	2021
Cricket Throw (Yr 3&4)	36.80m	Barney Burman	2021
Javelin (Yr 3&4)	14.20m	Louis Elliott	2023
Long Jump (Yr 5&6)	3.75	Philip Wardlaw	2023
High Jump (Yr 5&6)	1.20m	Alex Jones & Noah Stewart	2023
Speed Bounce 20 sec (Yr 5&6)	51	Tom Lord	2017
Chest Throw (Yr 5&6)	10.05	Nico Budeo-Sherwin	2022
Cricket Throw (Yr 5&6)	52.2m	Taiga Dixon	2021
Javelin (Yr 5&6)	21.05m	Zach Haycock-Huss	2023

Track events – Boys

50 Metres (Yr 3&4)	6.95	Phillip Wardlaw	2022
200 Metres (Yr 3&4)	32.85s	Robin Panne	2021
400 Metres (Yr 3 & 4)	1m17s	Phillip Wardlaw	2022
75 Metres (Yr 5&6)	10.07	Robin Panne	2022
300 Metres (Yr 5&6)	51.68	Robin Panne	2023
600 Metres (Yr 5&6)	1.55	Barney Burman	2023

Mixed Gender House Relay Events

4x50m Mixed Gender (Year 3)	38.28s	St Cuthberts: Vihaan Gupta, Jake Downes, Sienna Parmar, Kira Mody	2023
4x200m Mixed Gender (Year 3)	2.49.81	St Cuthberts: Vihaan Gupta, Jake Downes, Sienna Parmar, Kira Mody	2023
4x50m Mixed Gender (Year 4)	36.65	St Giles: Ethan McNally, Zane Ezzat, Siena Zarola, Fatima Khan	2023
4x200m Mixed Gender (Year 4)	2.41.51	St Giles: Ethan McNally, Zane Ezzat, Siena Zarola, Fatima Khan	2023
4x50m Mixed Gender (Year 5)	35.40s	St Giles: Teddy Ellis Smith, Arian Davda, Eleanor Waylett, Connie Kyle	2023
4x200m Mixed Gender (Year 5)	2.33.45	St Giles: Teddy Ellis Smith, Arian Davda, Eleanor Waylett, Connie Kyle	2023
4x50m Mixed Gender (Year 6)	32.88s	St Andrews: Mia Sohal, Safa Rizvi, Noah Stewarts, Robin Panne	2023
4x200m Mixed Gender (Year 6)	2.20.09	St Andrews: Mia Sohal, Safa Rizvi, Noah Stewarts, Robin Panne	2023

Field Events - Girls

Event	Record	Name	Year
Long Jump (Yr 3&4)	2.9m	Siena Zarola	2022
High Jump (Yr 3&4)	95cm	Millie Durani	2022
Speed Bounce 30 sec (Yr 3&4)	43	Annabelle Fulton & Isra Mullan	2023
Chest Throw (Yr 3&4)	6.80m	Mia Sohal	2021
Cricket Ball Throw (Yr 3&4)	24.70m	Umme-Salama Faizi	2021
Javelin (Yr 3&4)	11.4m	Siena Zarola	2023
Long Jump (Yr 5&6)	3.48m	Frankie Fitzpatrick	2022
High Jump (Yr 5&6)	1.05	Yasmin Ezzat	2022
Speed Bounce 20 sec (Yr 5&6)	49	Emily Pollard	2017
Chest Throw (Yr 5&6)	8.80m	Teri Sunmboye	2021
Cricket Ball Throw (Yr 5&6)	31.90m	Lydia Haycock-Huss	2021
Javelin (Yr 5&6)	12.3m	Mia Sohal & Khadija Manzoor	2023

Track Events – Girls

50 Metres (Yr 3&4)	7.38s	Kirrily Dubois	2022
200 Metres (Yr 3&4)	35.64s	Mia Sohal	2021
400 Metres (Yr 3&4)	1m 21s	Kirrily Dubois	2022
75 Metres (Yr 5&6)	10.63s	Frankie Fitzpatrick	2022
300 Metres (Yr 5&6)	53.79s	Frankie Fitzpatrick	2022
600Metres (Yr 5&6)	2m09s	Kirrily Dubois	2023

Duathlon & Triathlon

Year 5 Duathlon BOYS	10m05s	Philip Wardlaw	2023
Year 5 Duathlon GIRLS	11m09s	Kirrily Dubois	2023
Year 6 FULL TRIATHLON BOYS	12m54s	Barney Burman	2023
Year 6 FULL TRIATHLON GIRLS	14m31s	Freya Ives	2023

WELCOME TO SPORTS DAY 2024

All junior school children will be taking part in 3 track events, and 4 field events and will therefore be competing throughout the day.

Parents are warmly invited to support and encourage their children but, in the interest of fairness, are requested to **remain a respectable distance from pupils and in designated zones.**

Light refreshments will be available for parents during the day; whilst children are encouraged to bring their own water bottles. Water and lunch will be provided for children as normal. Please **DO NOT** feed your child.

We will aim to take podium medal photo throughout the day for field events and a large bulk after the lunchtime break.

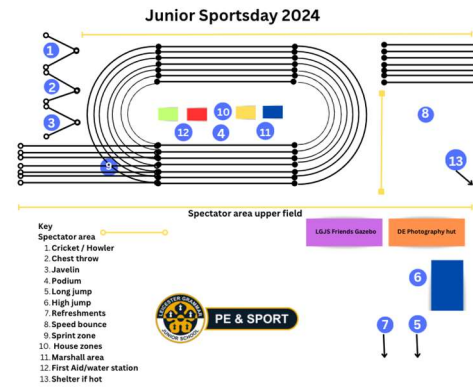
We are pleased to announce that DE Photo have been appointed as the Professional Sports and Event Photographers for Sports Day. This event, by its very nature, is in the public arena, and when entering for the event the participant and their parents acknowledge this fact, which may result in the recording and publication of his/her image. All DE Photo photographers and staff have been DBS checked and the company operates a strict Child Protection Policy and Code of Ethics which can be viewed on their website at <http://www.dephoto.biz/cpp>

PLEASE JOIN US FOR WHAT PROMISES TO BE AN EXCITING DAY OF ATHLETICS!

LEICESTER GRAMMAR JUNIOR SCHOOL

SPORTS DAY

Year 3 & 4



Wednesday 19 June 2024

