



## PE & SPORT

### JUNIOR PE 2025 - 2026 Year 3 – 11:45-12:30

	Advent 1	Advent 1 Rotation 1 (Start: 25 <sup>th</sup> September ~ 4 weeks)	Advent 2 Rotation 2 (Start: 13 <sup>th</sup> November ~ 5 weeks)	Lent 1	Lent 2 Rotation 3 (Start: 26 <sup>th</sup> Feb ~ 5 weeks)	Trinity 1	Trinity 2
3CH	'Pre season' Cross country (3 weeks).	Health Related Exercise / Ball Skills <b>Outside, LS</b>	Gymnastics	<b>Cross Country ~ 6 weeks</b>	TBC!	Athletics/Cricket	Athletics & Tennis
3LH		Gymnastics <b>Junior Hall, ND</b>	Health Related Exercise / Ball Skills		TBC!	Athletics/Cricket	Athletics & Tennis

**Ball skills & Health Related Exercise (HRE)** - Meet at the front gate at the start of the lesson. Kit - White Top, Blue Fleece, Blue PE shorts, white socks and trainers (be prepared for the cold weather). Ball skills will be on the astro turf. HRE will vary between astro and fields!

**Gymnastics** - Meet at the junior hall at the start of the lesson. Kit - White Top, Blue Fleece, Blue PE shorts.



## PE & SPORT

### Year 4 – 11:00-11:45

	Advent 1	Advent 1 <b>Rotation 1</b> (Start: 25 <sup>th</sup> September ~ 4 weeks)	Advent 2 <b>Rotation 2</b> (Start: 13 <sup>th</sup> November ~ 5 weeks)	Lent 1	Lent 2 <b>Rotation 3</b> (Start: 26 <sup>th</sup> Feb ~ 5 weeks)	Trinity 1	Trinity 2
4CD	'Pre season' Cross country (3 weeks).	Ball skills <b>Outside, JW</b>	Health Related Exercise	<b>Cross Country ~ 6 weeks</b>	Gymnastics	Athletics/Cricket	Athletics & Tennis
4AD		Gymnastics <b>Junior Hall, ND</b>	Ball skills		Health Related Exercise	Athletics/Cricket	Athletics & Tennis
4C		Health Related Exercise <b>Outside, LS</b>	Gymnastics		Ball skills	Athletics/Cricket	Athletics & Tennis

**Gymnastics** - Meet in the Junior hall at the start of the lesson- Kit: White Top, Blue PE shorts, trainers

**Ball skills & Health Related Exercise (HRE)** - Meet at the front gate at the start of the lesson. Kit - White Top, Blue Fleece, Blue PE shorts, white socks and trainers (be prepared for the cold weather). Ball skills will be on the astro turf. HRE will vary between astro and fields!



# PE & SPORT

## Year 5 – 9:00-9:45

	Advent 1	Advent 1 <b>Rotation 1</b> (Start: 25 <sup>th</sup> September ~ 4 weeks)	Advent 2 <b>Rotation 2</b> (Start: 13 <sup>th</sup> November ~ 5 weeks)	Lent 1	Lent 2 <b>Rotation 3</b> (Start: 26 <sup>th</sup> Feb ~ 5 weeks)	Trinity 1	Trinity 2
5R	'Pre season' Cross country (3 weeks).	FUNdamental Movement Skills & S&C <b>Junior Hall, BF</b>	Ball Skills	<b>Cross Country ~ 6 weeks</b>	Health Related Exercise	Athletics/Cricket	Athletics & Tennis
5D		Health Related Exercise <b>Outside, LS</b>	FUNdamental Movement Skills & S&C		Ball Skills	Athletics	Athletics & Tennis
5E		Ball Skills <b>Outside JW</b>	Health Related Exercise		FUNdamental Movement Skills & S&C	Athletics	Athletics & Tennis

**Ball skills & Health Related Exercise** - Meet at the front gate at the start of the lesson. Kit - White Top, Blue Fleece, Blue PE shorts, white socks and trainers (be prepared for the cold weather). Ball skills will be on the astro turf. HRE will vary between astro and fields!

**Gymnastics** - Meet in the junior hall at the start of the lesson. Kit - White Top, Blue PE shorts.

## Year 6 – 9:45-10:30



## PE & SPORT

	Advent 1	Advent 1 <b>Rotation 1</b> (Start: 25 <sup>th</sup> September ~ 4 weeks)	Advent 2 <b>Rotation 2</b> (Start: 13 <sup>th</sup> November ~ 5 weeks)	Lent 1	Lent 2 <b>Rotation 3</b> (Start: 26 <sup>th</sup> Feb ~ 5 weeks)	Trinity 1	Trinity 2
6KE	'Pre season' Cross country (3 weeks).	FUNdamental Movement Skills & S&C <b>Junior Hall, BF</b>	Health Related Exercise	<b>Cross Country ~ 6 weeks</b>	Ball Skills	Athletics	Athletics & Tennis
6SW		Balls Skills <b>Outside, JW</b>	FUNdamental Movement Skills & S&C		Health Related Exercise	Athletics	Athletics & Tennis
6LW		Health Related Exercise <b>Outside, LS</b>	Balls Skills		FUNdamental Movement Skills & S&C	Athletics	Athletics & Tennis

**Ball skills & Health Related Exercise** - Meet at the front gate at the start of the lesson. Kit - White Top, Blue Fleece, Blue PE shorts, white socks and trainers (be prepared for the cold weather). Ball skills will be on the astro turf. HRE will vary between astro and fields!

**Gymnastics** - Meet in the junior hall at the start of the lesson. Kit: White Top, Blue PE shorts.